



# Dr. Moya Sommerville-Kelley the prescription ..... FOR A GOOD LIFE

BY ANNIE DOWNS

None said being a working mom is easy. And if they did, well...working moms usually have a good right hook waiting for just such an occasion. Which brings us to the urgent care setting: a great place to have that right hook-induced black eye treated, and a perfect place to meet our latest femme phenom, Dr. Moya Sommerville-Kelley—one of the physicians at Acworth Immediate Care.

Completely down-to-earth and unpretentious, you would never guess that she's a doctor—or that she graduated from Harvard Medical School, for that matter. Or that she's been practicing family medicine for over a decade while raising a family of her own (she looks too young!). And while having three children—Marini (age 5), Jelani (age 3) and Zuwena (6 weeks)—triples the number of skinned knees, bumps and bruises, Dr. Kelley happily accepts the challenge of balancing motherhood with her professional life. Quite simply, her passion for both guides her. “As a physician, I meet people from varying backgrounds and have the opportunity to touch their lives. As a mom, I have the amazing gift of three children to love and enjoy, and whose lives I can influence and mold,” she says.

While she is quite qualified to treat the usual childhood ailments her children bring to her attention, she's also a perfect fit for her role at Acworth Immediate Care. A naturally gifted listener, she enjoys getting to know her patients and experience the variety her work provides. “No two days are the same; that's for sure,” she quips.

Balking at the idea of being phenomenal, Dr. Kelley asserts, “I am just another working mom. Being a physician doesn't make me more phenomenal than any other working mother who has to juggle different roles day to day.” Well said, Dr. Kelley, but celebrating the everyday extraordinary is exactly what femme phenom is all about. ●



*Dr. Kelley practices at Acworth Immediate Care, located behind Rite Aid at the intersection of Cobb Pkwy and Cedarcrest Rd. Acworth Immediate Care is open seven days a week; call 770-975-6540 or visit [www.urgentnow.com/acworth.htm](http://www.urgentnow.com/acworth.htm) for info.*

Photography by Jennifer Harris

## DOCTOR'S ORDERS: DR. KELLEY'S ADVICE ~

~ **How do you, as a doctor, stay healthy during the flu season?**

Wash, wash, wash my hands. Eat healthy. Get adequate sleep (this is the hardest).

~ **What's something every woman should be doing to stay healthy?**

Establish a relationship with a primary care physician, and get those yearly physicals.

~ **What's your favorite home remedy for cold and flu?**  
SLEEP!!!

~ **Let's talk about Acworth Immediate Care. When is the best time to arrive?**

We do not make appointments, so 8 a.m. when we open is the best time.

~ **What's a common misconception about urgent care facilities?**

People often call an urgent care center a “doc-in-the-box” or mistake it for a mini-hospital, which suggests a robotic medical experience. As an urgent care provider, I try to be warm, friendly and compassionate with each patient. I want patients to feel good about their experience and not hesitate to see us if they have a problem.